



Thank you for your interest in becoming a QPR trainer. As you know, QPR (Question, Persuade, Refer) is a national suicide prevention program that HOPES uses in its mission of suicide prevention. We have trained thousands of people in Wisconsin with this program. The feedback is very positive and we know that QPR saves lives.

The cost of QPR train the trainers is \$475 per person. We know that for most people the cost is prohibitive. HOPES is interested in making scholarships available. We are able to offer \$400 scholarships to help defray the cost of the training. To apply we need you to fill in and return the QPR Scholarship Questionnaire.

HOPES has made a major commitment to use QPR training in our local communities. You will learn to present QPR gatekeeper training. This means that QPR trainers must be available to do the power point presentation to groups requesting it in your area. QPR is taught in a format that is clear, concise and applicable for a wide variety of audiences. A commitment of at least 2 QPR trainings per year will be required for scholarships. As a part of the HOPES organization, we will provide you with training materials. We will also support you with HOPES brochures, adult and teen symptoms wallet cards, posters, teen depression booklets and other materials to distribute at you trainings.

Please return the completed questionnaire by August 30<sup>th</sup>. You can email it to [www.hopes-wi.org](http://www.hopes-wi.org) or HOPES 1902 Tarragon Dr. Madison, WI 53716. If you need more information please call HOPES at 608 274-9686.